

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PT = Personal Touch to the Core  Monday and Wednesday @ 7:15 PM and Friday @ 4:40 PM is 30 min. Express				1  4:40 PM 6:00 PM 7:15 PM PT	2 5:40 AM 8:30 AM 4:40 PM	3 8:00AM  4th of July Celebration!
4 No Class	5 No Class	6 4:40 PM 6:00 PM 7:15 PM PT	7 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	8 4:40 PM 6:00 PM 7:15 PM PT	9 5:40 AM 8:30 AM 4:40 PM	10 7:00 AM 8:30 AM
11 4:40 PM	12 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	13 4:40 PM 6:00 PM 7:15 PM PT	14 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	15 4:40 PM 6:00 PM 7:15 PM PT	16 5:40 AM 8:30 AM 4:40 PM  GRETNA DAYS	17 7:00 AM 8:30 AM  GRETNA DAYS
18 4:40 PM  GRETNA DAYS	19 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	20 4:40 PM 6:00 PM 7:15 PM PT	21 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	22 4:40 PM 6:00 PM 7:15 PM PT	23 5:40 AM 8:30 AM 4:40 PM	24 7:00 AM 8:30 AM
25 4:40 PM	26 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	27 4:40 PM 6:00 PM 7:15 PM PT	28 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	29 4:40 PM 6:00 PM 7:15 PM PT	30 5:40 AM 8:30 AM 4:40 PM 6:00 PM 7:15 PM	31 7:00 AM 8:30 AM



**Gretna  
jazzercise®**

www.gretnajazz.com  
402-881-9763

**Your Instructors:**

- Katie Barton
- Jen Beyer
- Mandy Brandt
- Jessica Germer
- Leigh Gobber
- Elicia Johnson
- Janet Larson
- Kendra Nickel



**Welcome to Janet!**

Have you noticed a new face on stage?  
Instructor Janet Larson has joined our team! She is a Gretna resident, an educator and a mommy to 2 girls. Janet is always full of positive vibes to encourage you to your goals in class! Join her at 4:40.

**Club  
jazzercise.**



To honor your hard work, effort and commitment to Jazzercise, you will receive this cute top by attending **150 Classes in 2010!**

We do all of the tracking for you. If you are ever curious to know how many classes you are at, just ask your instructor. 150 classes is easily attained at an average of 3 classes a week!



**June 1-July 31**  
Receive a Jazzercise Floral Flip Flop & Bag Set when your team of two attends 60 classes  
*While supplies last.*



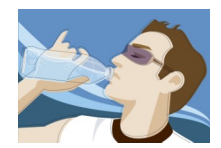
Join our Gretna Jazzercise FAN PAGE on Facebook!  
Watch for special offers for your friends, photos, messages and more.



**How Do You Like Me Now?**

By now you have noticed the new look that Gretna Jazzercise has taken on! We hope you enjoy the "new" space and our fresh, clean and bright look!

**Drink up & be safe**



As we know, summer is in full swing and it's HOT! To ensure that you get in an effective and safe workout, be sure to stay hydrated. This means drinking enough fluids throughout the day, during your workout and following your workout.

**jazzercise®**  
personal touch

Sculpt, Tone and Increase Strength!

**Tuesday & Thursday @ 7:15 pm**

**\$40 for 8 Class Pass**  
*(pass valid for 8 weeks)*